

## Sunday Prayer – Second Week of Lent

### Call to Prayer

God, come to my assistance.

**Lord, make haste to help me.**

Our help is in the name of the Lord

**Who made heaven and earth.**

Glory be to the Father, and to the Son, and to the Holy Spirit;

**As it was in the beginning, is now, and will be forever. Amen.**

**Father God, Creator of heaven and earth,**

**God of Abraham, Isaac, and Jacob,**

**God of Israel,**

**God and Father of our Lord and Savior Jesus Christ,**

**True and Living God who is Father, Son, and Holy Spirit,**

**Have mercy and hear our prayer.**

### We Remember Our Baptism

+ In baptism, the Father is well pleased with us.

+ In baptism, we are crucified with Christ.

+ In baptism, the Spirit leads us to life and peace.

**We are baptized; we are a new creation. Thanks be to God.**

### Psalm of the Day: Psalm 100

Make a joyful noise to the Lord, all the earth!

Serve the Lord with gladness!

Come into his presence with singing!

Know that the Lord, he is God!

It is he who made us, and we are his;

we are his people, and the sheep of his pasture.

Enter his gates with thanksgiving,

and his courts with praise!

Give thanks to him; bless his name!

For the Lord is good;  
his steadfast love endures forever,  
and his faithfulness to all generations.

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.**

**Canticle: Exodus 15:1-2, 6-11, 17-18**

"I will sing to the Lord, for he has triumphed gloriously;  
the horse and his rider he has thrown into the sea.

The Lord is my strength and my song,  
and he has become my salvation;  
this is my God, and I will praise him,  
my father's God, and I will exalt him.

Your right hand, O Lord, glorious in power,  
your right hand, O Lord, shatters the enemy.  
In the greatness of your majesty you overthrow your adversaries;  
you send out your fury; it consumes them like stubble.

At the blast of your nostrils the waters piled up;  
the floods stood up in a heap;  
the deeps congealed in the heart of the sea.

The enemy said, 'I will pursue, I will overtake,  
I will divide the spoil, my desire shall have its fill of them.  
I will draw my sword; my hand shall destroy them.'

You blew with your wind; the sea covered them;  
they sank like lead in the mighty waters.  
"Who is like you, O Lord, among the gods?  
Who is like you, majestic in holiness,  
awesome in glorious deeds, doing wonders?"

You will bring them in and plant them on your own mountain,  
the place, O Lord, which you have made for your abode,  
the sanctuary, O Lord, which your hands have established.  
The Lord will reign forever and ever."

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.**

### **Apostles' Creed**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

### **Scripture Reading: Mark 2:1-12**

And when he returned to Capernaum after some days, it was reported that he was at home. And many were gathered together, so that there was no more room, not even at the door. And he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him, and when they had made an opening, they let down the bed on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "Son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak like that? He is blaspheming! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question these things in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your bed and walk'? But that you may know

that the Son of Man has authority on earth to forgive sins”—he said to the paralytic— “I say to you, rise, pick up your bed, and go home.” And he rose and immediately picked up his bed and went out before them all, so that they were all amazed and glorified God, saying, “We never saw anything like this!”

Contemplation

### **The Beatitudes**

**“Blessed are the poor in spirit, for theirs is the kingdom of heaven.**

**“Blessed are those who mourn, for they shall be comforted.**

**“Blessed are the meek, for they shall inherit the earth.**

**“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.**

**“Blessed are the merciful, for they shall receive mercy.**

**“Blessed are the pure in heart, for they shall see God.**

**“Blessed are the peacemakers, for they shall be called sons of God.**

**“Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.**

**“Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you.**

### **Intercessory Prayer**

*Offer a prayer for yourself, for someone God brings to your mind, a prayer for your Church, your community, and for the world.*

### **Lord's Prayer**

**Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.**

### **Closing Prayer**

**Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you,**

Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace. That is enough for me.

May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.

## **Monday Prayer – Second Week of Lent**

God, come to my assistance.

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**Who made heaven and earth.**

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### **We Remember Our Baptism**

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### **Psalm of the Day: Psalm 95**

Oh come, let us sing to the Lord;

let us make a joyful noise to the rock of our salvation!

Let us come into his presence with thanksgiving;

let us make a joyful noise to him with songs of praise!

For the Lord is a great God,

and a great King above all gods.

In his hand are the depths of the earth;

the heights of the mountains are his also.  
The sea is his, for he made it, and his hands formed the dry land.

Oh come, let us worship and bow down;  
let us kneel before the Lord, our Maker!  
For he is our God,  
and we are the people of his pasture,  
and the sheep of his hand.

Today, if you hear his voice,  
do not harden your hearts, as at Meribah,  
as on the day at Massah in the wilderness,  
when your fathers put me to the test  
and put me to the proof, though they had seen my work.  
For forty years I loathed that generation  
and said, "They are a people who go astray in their heart,  
and they have not known my ways."  
Therefore I swore in my wrath,  
"They shall not enter my rest."

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.**

**Canticle: Micah 4:1-5**

It shall come to pass in the latter days  
that the mountain of the house of the Lord  
shall be established as the highest of the mountains,  
and it shall be lifted up above the hills;  
and peoples shall flow to it,

and many nations shall come, and say:  
"Come, let us go up to the mountain of the Lord,  
to the house of the God of Jacob,  
that he may teach us his ways  
and that we may walk in his paths."

For out of Zion shall go forth the law,  
and the word of the Lord from Jerusalem.  
He shall judge between many peoples,  
and shall decide disputes for strong nations far away;

and they shall beat their swords into plowshares,  
and their spears into pruning hooks;  
nation shall not lift up sword against nation,  
neither shall they learn war anymore;

but they shall sit every man under his vine and under his fig tree,  
and no one shall make them afraid,  
for the mouth of the Lord of hosts has spoken.

For all the peoples walk  
each in the name of its god,  
but we will walk in the name of the Lord our God  
forever and ever.

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.**

### **Apostles' Creed**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

## Scripture Reading: 2 Corinthians 5:20b - 6:10

We implore you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. Working together with him, then, we appeal to you not to receive the grace of God in vain. For he says,

*"In a favorable time I listened to you,  
and in a day of salvation I have helped you."*

Behold, now is the favorable time; behold, now is the day of salvation. We put no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: by great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, the Holy Spirit, genuine love; by truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; through honor and dishonor, through slander and praise. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold, we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, yet possessing everything.

Contemplation

### The Beatitudes

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**"Blessed are those who mourn, for they shall be comforted.**

**"Blessed are the meek, for they shall inherit the earth.**

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## **Intercessory Prayer**

*Offer a prayer for yourself, for someone God brings to your mind, a prayer for your Church, your community, and for the world.*

## **Lord's Prayer**

**Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.**

## **Closing Prayer**

**Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace. That is enough for me.**

**May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.**

## **Tuesday Prayer – Second Week of Lent**

God, come to my assistance.

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## **We Remember Our Baptism**

+ In baptism, the Father is well pleased with us.  
+ In baptism, we are crucified with Christ.  
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## **Psalm of the Day: Psalm 8**

O Lord, our Lord,  
how majestic is your name in all the earth!  
You have set your glory above the heavens.

Out of the mouth of babies and infants,  
you have established strength because of your foes,  
to still the enemy and the avenger.

When I look at your heavens, the work of your fingers,  
the moon and the stars, which you have set in place,  
what is man that you are mindful of him,  
and the son of man that you care for him?

Yet you have made him a little lower than the heavenly beings  
and crowned him with glory and honor.  
You have given him dominion over the works of your hands;

you have put all things under his feet,  
all sheep and oxen,  
and also the beasts of the field,  
the birds of the heavens, and the fish of the sea,  
whatever passes along the paths of the seas.

O Lord, our Lord,  
how majestic is your name in all the earth!

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.**

## **Canticle: Daniel 3:57-87**

Bless the Lord, all you works of the Lord;

sing praise to him and highly exalt him forever.

Bless the Lord, you heavens;  
Bless the Lord, you angels of the Lord;  
Bless the Lord, all you waters above the heavens;  
Bless the Lord, all you powers of the Lord;  
Bless the Lord, sun and moon;  
Bless the Lord, stars of heaven;  
sing praise to him and highly exalt him forever.

Bless the Lord, all rain and dew;  
Bless the Lord, all you winds;  
Bless the Lord, fire and heat;  
Bless the Lord, winter cold and summer heat;  
Bless the Lord, dews and falling snow;  
Bless the Lord, ice and cold;  
sing praise to him and highly exalt him forever.

Bless the Lord, frosts and snows;  
Bless the Lord, nights and days;  
Bless the Lord, light and darkness;  
Bless the Lord, lightning and clouds;  
sing praise to him and highly exalt him forever.

Let the earth bless the Lord;  
Bless the Lord, mountains and hills;  
Bless the Lord, all that grows in the ground;  
Bless the Lord, you springs;  
Bless the Lord, seas and rivers;  
sing praise to him and highly exalt him forever.

Bless the Lord, you whales and all that swim in the waters;  
Bless the Lord, all birds of the air;  
Bless the Lord, all wild animals and cattle;  
sing praise to him and highly exalt him forever.

Bless the Lord, all people on earth;  
Bless the Lord, O Israel;  
Bless the Lord, you priests of the Lord;  
Bless the Lord, you servants of the Lord;

Bless the Lord, spirits and souls of the righteous;  
Bless the Lord, you who are holy and humble in heart;  
sing praise to him and highly exalt him forever.

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**I believe in God, the Father almighty,  
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**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

### **Scripture Reading: Romans 5:1-11**

Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God. Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. For one will scarcely die for a righteous person—though perhaps for a good person one would dare even to die— but God shows his love for us in that while we were still sinners, Christ died for us. Since, therefore, we have now been justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life. More than that, we also rejoice in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Contemplation

### **The Beatitudes**

**"Blessed are the poor in spirit, for theirs is the kingdom of heaven.**

**"Blessed are those who mourn, for they shall be comforted.**

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### **Intercessory Prayer**

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## Closing Prayer

Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace. That is enough for me.

May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.

## Wednesday Prayer – Second Week of Lent

God, come to my assistance.

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**Who made heaven and earth.**

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## Psalm of the Day: Psalm 29

Ascribe to the Lord, O heavenly beings,  
ascribe to the Lord glory and strength.

Ascribe to the Lord the glory of his name;  
worship the Lord in holy splendor.

The voice of the Lord is over the waters;  
the God of glory thunders,  
the Lord, over mighty waters.

The voice of the Lord is powerful;  
the voice of the Lord is full of majesty.  
The voice of the Lord breaks the cedars;  
the Lord breaks the cedars of Lebanon.

He makes Lebanon skip like a calf,  
and Sirion like a young wild ox.  
The voice of the Lord flashes forth flames of fire.

The voice of the Lord shakes the wilderness;  
the Lord shakes the wilderness of Kadesh.  
The voice of the Lord causes the oaks to whirl,  
and strips the forest bare;  
and in his temple all say, "Glory!"

The Lord sits enthroned over the flood;  
the Lord sits enthroned as king forever.

May the Lord give strength to his people!  
May the Lord bless his people with peace!

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.**

**Canticle: from Job 39**

"Do you know when the mountain goats give birth?  
Do you observe the calving of the does?  
Can you number the months that they fulfill,  
and do you know the time when they give birth,

when they crouch to give birth to their offspring,  
and are delivered of their young?  
Their young ones become strong, they grow up in the open;

they go out and do not return to them.

“Is the wild ox willing to serve you?  
Will it spend the night at your manger?  
Can you bind it in the furrow with ropes,  
or will it harrow the valleys after you?

Will you depend on it because its strength is great,  
and will you leave to him your labor?  
Do you have faith in it that it will return your grain  
and gather it to your threshing floor?

“Is it by your understanding that the hawk soars,  
and spreads its wings toward the south?  
Is it at your command that the eagle mounts up  
and makes its nest on high?

On the rock it dwells and makes its home  
in the rocky crag and stronghold.  
From there it spies out the prey;  
its eyes behold it from far away.  
Its young ones suck up blood;  
and where the slain are, there it is.”

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.**

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He ascended into heaven,  
and is seated at the right hand of the Father.**



**He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
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the resurrection of the body,  
and the life everlasting. Amen.**

### **Scripture Reading: from Hebrews 11 and 12**

“You, Lord, laid the foundation of the earth in the beginning, and the heavens are the work of your hands; they will perish, but you remain; they will all wear out like a garment, like a robe you will roll them up, like a garment they will be changed. But you are the same, and your years will have no end.” And to which of the angels has he ever said, “Sit at my right hand until I make your enemies a footstool for your feet”? Are they not all ministering spirits sent out to serve for the sake of those who are to inherit salvation? Therefore we must pay much closer attention to what we have heard, lest we drift away from it. For since the message declared by angels proved to be reliable, and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation?

Contemplation

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**May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.**

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## **Psalm of the Day: Psalm 98**

Oh sing to the Lord a new song,  
for he has done marvelous things!  
His right hand and his holy arm  
have worked salvation for him.

The Lord has made known his salvation;  
he has revealed his righteousness in the sight of the nations.  
He has remembered his steadfast love and faithfulness  
to the house of Israel.  
All the ends of the earth have seen  
the salvation of our God.

Make a joyful noise to the Lord, all the earth;  
break forth into joyous song and sing praises!  
Sing praises to the Lord with the lyre,  
with the lyre and the sound of melody!

With trumpets and the sound of the horn  
make a joyful noise before the King, the Lord!  
Let the sea roar, and all that fills it;  
the world and those who dwell in it!

Let the rivers clap their hands;  
let the hills sing for joy together  
before the Lord, for he comes  
to judge the earth.  
He will judge the world with righteousness,  
and the peoples with equity.

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.**

**Canticle: Jeremiah 31:10-14**

“Hear the word of the Lord, O nations,  
and declare it in the coastlands far away;  
say, ‘He who scattered Israel will gather him,  
and will keep him as a shepherd keeps his flock.’

For the Lord has ransomed Jacob  
and has redeemed him from hands too strong for him.  
They shall come and sing aloud on the height of Zion,  
and they shall be radiant over the goodness of the Lord,

over the grain, the wine, and the oil,  
and over the young of the flock and the herd;  
their life shall be like a watered garden,  
and they shall languish no more.

Then shall the young women rejoice in the dance,  
and the young men and the old shall be merry.  
I will turn their mourning into joy;  
I will comfort them, and give them gladness for sorrow.

I will feast the soul of the priests with abundance,  
and my people shall be satisfied with my goodness,  
declares the Lord.”

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.**

**Apostles' Creed**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

### **Scripture Reading: Mark 1:35-44**

For you were called to freedom, brothers. Only do not use your freedom as an opportunity for the flesh, but through love serve one another. For the whole law is fulfilled in one word: "You shall love your neighbor as yourself." But if you bite and devour one another, watch out that you are not consumed by one another. But I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. But if you are led by the Spirit, you are not under the law. Now the works of the flesh are evident: sexual immorality, impurity, sensuality, idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also keep in step with the Spirit. Let us not become conceited, provoking one another, envying one another.

Contemplation

### **The Beatitudes**

**"Blessed are the poor in spirit, for theirs is the kingdom of heaven.**

**"Blessed are those who mourn, for they shall be comforted.**

**"Blessed are the meek, for they shall inherit the earth.**

**"Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.**

**"Blessed are the merciful, for they shall receive mercy.**

**"Blessed are the pure in heart, for they shall see God.**

**"Blessed are the peacemakers, for they shall be called sons of God.**

**"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.**

**"Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you.**

### **Intercessory Prayer**

*Offer a prayer for yourself, for someone God brings to your mind, a prayer for your Church, your community, and for the world.*

### **Lord's Prayer**

**Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.**

### **Closing Prayer**

**Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace. That is enough for me.**

**May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.**

## Friday Prayer – Second Week of Lent

God, come to my assistance.

**Lord, make haste to help me.**

Our help is in the name of the Lord

**Who made heaven and earth.**

Glory be to the Father, and to the Son, and to the Holy Spirit;

**As it was in the beginning, is now, and will be forever. Amen.**

**Father God, Creator of heaven and earth,**

**God of Abraham, Isaac, and Jacob,**

**God of Israel,**

**God and Father of our Lord and Savior Jesus Christ,**

**True and Living God who is Father, Son, and Holy Spirit,**

**Have mercy and hear our prayer.**

### **We Remember Our Baptism**

+ In baptism, the Father is well pleased with us.

+ In baptism, we are crucified with Christ.

+ In baptism, the Spirit leads us to life and peace.

**We are baptized; we are a new creation. Thanks be to God.**

### **Psalm of the Day: Psalm 51**

Have mercy on me, O God,  
according to your steadfast love;  
according to your abundant mercy  
blot out my transgressions.

Wash me thoroughly from my iniquity,  
and cleanse me from my sin!

For I know my transgressions,  
and my sin is ever before me.

Against you, you only, have I sinned  
and done what is evil in your sight,

so that you may be justified in your words  
and blameless in your judgment.

Behold, I was brought forth in iniquity,

and in sin did my mother conceive me.

Behold, you delight in truth in the inward being,  
and you teach me wisdom in the secret heart.  
Purge me with hyssop, and I shall be clean;  
wash me, and I shall be whiter than snow.

Let me hear joy and gladness;  
let the bones that you have broken rejoice.  
Hide your face from my sins,  
and blot out all my iniquities.

Create in me a clean heart, O God,  
and renew a right spirit within me.  
Cast me not away from your presence,  
and take not your Holy Spirit from me.

Restore to me the joy of your salvation,  
and uphold me with a willing spirit.  
Then I will teach transgressors your ways,  
and sinners will return to you.

Deliver me from bloodguiltiness, O God,  
O God of my salvation,  
and my tongue will sing aloud of your righteousness.  
O Lord, open my lips,  
and my mouth will declare your praise.

For you will not delight in sacrifice, or I would give it;  
you will not be pleased with a burnt offering.  
The sacrifices of God are a broken spirit;  
a broken and contrite heart, O God, you will not despise.

Do good to Zion in your good pleasure;  
build up the walls of Jerusalem;  
then will you delight in right sacrifices,  
in burnt offerings and whole burnt offerings;  
then bulls will be offered on your altar.

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in  
the beginning, is now, and will be forever. Amen.**



## **Canticle: from Jeremiah 17**

Thus says the Lord:

“Cursed is the man who trusts in man  
and makes flesh his strength,  
whose heart turns away from the Lord.

He is like a shrub in the desert,  
and shall not see any good come.  
He shall dwell in the parched places of the wilderness,  
in an uninhabited salt land.

Blessed is the man who trusts in the Lord,  
whose trust is the Lord.  
He is like a tree planted by water,  
that sends out its roots by the stream,  
and does not fear when heat comes,

for its leaves remain green,  
and is not anxious in the year of drought,  
for it does not cease to bear fruit.”

The heart is deceitful above all things,  
and desperately sick;  
who can understand it?

“I the Lord search the heart  
and test the mind,  
to give every man according to his ways,  
according to the fruit of his deeds.”

Heal me, O Lord, and I shall be healed;  
save me, and I shall be saved,  
for you are my praise.

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.**

## **Apostles' Creed**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
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**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
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### **Scripture Reading: 2 Corinthians 3:16 – 4:12**

If then you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth. For you have died, and your life is hidden with Christ in God. When Christ who is your life appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these the wrath of God is coming. In these you too once walked, when you were living in them. But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth. Do not lie to one another, seeing that you have put off the old self with its practices and have put on the new self, which is being renewed in knowledge after the image of its creator. Here there is not Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free; but Christ is all, and in all. Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also

must forgive. And above all these put on love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

Contemplation

### **The Beatitudes**

**"Blessed are the poor in spirit, for theirs is the kingdom of heaven.**

**"Blessed are those who mourn, for they shall be comforted.**

**"Blessed are the meek, for they shall inherit the earth.**

**"Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.**

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### **Intercessory Prayer**

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## Closing Prayer

Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace. That is enough for me.

May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.

## Saturday Prayer – Second Week of Lent

God, come to my assistance.

**Lord, make haste to help me.**

Our help is in the name of the Lord

**Who made heaven and earth.**

Glory be to the Father, and to the Son, and to the Holy Spirit;

**As it was in the beginning, is now, and will be forever. Amen.**

Father God, Creator of heaven and earth,

God of Abraham, Isaac, and Jacob,

God of Israel,

God and Father of our Lord and Savior Jesus Christ,

True and Living God who is Father, Son, and Holy Spirit,

Have mercy and hear our prayer.

## We Remember Our Baptism

+ In baptism, the Father is well pleased with us.

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+ In baptism, the Spirit leads us to life and peace.

We are baptized; we are a new creation. Thanks be to God.

## Psalm of the Day: Psalm 65

Praise is due to you, O God, in Zion,  
and to you shall vows be performed.

O you who hear prayer,  
to you shall all flesh come.  
When iniquities prevail against me,  
you atone for our transgressions.

Blessed is the one you choose and bring near,  
to dwell in your courts!  
We shall be satisfied with the goodness of your house,  
the holiness of your temple!

By awesome deeds you answer us with righteousness,  
O God of our salvation,  
the hope of all the ends of the earth  
and of the farthest seas;

the one who by his strength established the mountains,  
being girded with might;  
who stills the roaring of the seas,  
the roaring of their waves,  
the tumult of the peoples,

so that those who dwell at the ends of the earth  
are in awe at your signs.  
You make the going out of the morning and the evening  
to shout for joy.

You visit the earth and water it;  
you greatly enrich it;  
the river of God is full of water;  
you provide their grain,  
for so you have prepared it.

You water its furrows abundantly,  
settling its ridges,  
softening it with showers,  
and blessing its growth.

You crown the year with your bounty;  
your wagon tracks overflow with abundance.  
The pastures of the wilderness overflow,  
the hills gird themselves with joy,

the meadows clothe themselves with flocks,  
the valleys deck themselves with grain,  
they shout and sing together for joy.

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.**

**Canticle: Isaiah 65:17-19, 21-25**

“For behold, I create new heavens  
and a new earth,  
and the former things shall not be remembered  
or come into mind.

But be glad and rejoice forever  
in that which I create;  
for behold, I create Jerusalem to be a joy,  
and her people to be a gladness.

I will rejoice in Jerusalem  
and be glad in my people;  
no more shall be heard in it the sound of weeping  
and the cry of distress.

They shall build houses and inhabit them;  
they shall plant vineyards and eat their fruit.  
They shall not build and another inhabit;  
they shall not plant and another eat;  
for like the days of a tree shall the days of my people be,  
and my chosen shall long enjoy the work of their hands.

They shall not labor in vain  
or bear children for calamity,  
for they shall be the offspring of the blessed of the Lord,  
and their descendants with them.

Before they call I will answer;  
while they are yet speaking I will hear.  
The wolf and the lamb shall graze together;  
the lion shall eat straw like the ox,

and dust shall be the serpent's food.

They shall not hurt or destroy  
in all my holy mountain,"  
says the Lord.

**Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and will be forever. Amen.**

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the resurrection of the body,  
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### **Scripture Reading: Romans 8:18-30**

For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us. For the creation waits with eager longing for the revealing of the sons of God. For the creation was subjected to futility, not willingly, but because of him who subjected it, in hope that the creation itself will be set free from its bondage to corruption and obtain the freedom of the glory of the children of God. For we know that the whole creation has been groaning together in the pains of childbirth until now. And not

only the creation, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for adoption as sons, the redemption of our bodies. For in this hope we were saved. Now hope that is seen is not hope. For who hopes for what he sees? But if we hope for what we do not see, we wait for it with patience. Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words. And he who searches hearts knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. And we know that for those who love God all things work together for good, for those who are called according to his purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers. And those whom he predestined he also called, and those whom he called he also justified, and those whom he justified he also glorified.

Contemplation

### **The Beatitudes**

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May the Lord bless us, protect us from all evil, and bring us to everlasting life. Amen.